MICHAEL **BEHOT**



Michael Behot
Associate
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Career Summary

Mike is a strategic and accomplished real estate executive with extensive experience leading asset management operations across multifamily, industrial, office, and mixed-use portfolios.

In 2025, he founded Strong Island Consulting, a privately held real estate advisory firm providing due diligence, asset strategy, and development consulting across multifamily, industrial, office, flex, and biotech sectors. He brings a wealth of experience in Assest Management from Castle Lanterra Properties, Heritage Capital Group, Minkoff Development Corporation and spent 10 years at Mid-City Financial Corporation as a Development and Asset Manager.

Education

Bachelor of Science in Economics - Trinity College, Hartford, CT

Professional Affiliations

Real Estate Broker License in New Jersey

NH&RA - National Housing & Rehabilitation Associates

ULI - Urban Land Institute

IOREBA - Industrial & Office Real Estate Brokers Association

NCJAR - Member, North Central Jersey Association of Realtors